









Virtual Dementia Friends Information Sessions & Champion Training

Join a growing movement of people like you who are helping fellow community members who are living with dementia. A little support can make a big difference!

Dementia Friends Information Sessions

Dementia Friends is a global movement that is changing the way people think, act and talk about dementia. Attend a one-hour Information Session to learn what dementia is, what it's like to live with the disease, the most common types of dementia and tips for communicating with people who have dementia. Everyone who attends is asked to turn their understanding of dementia into action—either big or small—to help fellow community members living with dementia.

Date/Time – Information Sessions	Organization	Registration
Wednesday, November 11, 1:30-2:30pm	Banner Health - Virtual	Call 602-230-CARE or Click Here
Monday, November 30, 1:30-2:30pm	Sun Health - Virtual	Call 623-207-1703 or <u>Click Here</u>
Tuesday, December 15, 10:00-11:00am	Banner Health - Virtual	Call 602-230-CARE or Click Here
Thursday, December 17, 9:30-11:00am	Sun Health - Virtual	Call 623-207-1703 or <u>Click Here</u>

Dementia Friends Champion Training

Do you want to help people understand dementia and the small things they can do to make a difference for people living with dementia? Would you enjoy facilitating sessions for friends, family, colleagues or the wider community? Join us for Dementia Friends Champion Training. Free training materials will be provided.

Date/Time – Champion Training	Organization	Registration
Wednesday, November 11, 1:30-3:00pm	Sun Health - Virtual	Call 623-207-1703 or <u>Click Here</u>